



Bradman Summer Camp

8 – 13 January, 2012

Proudly Sponsored By



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Organisation

Venues	Bradman Oval / Chevalier College, St. Paul's International (accommodation)
Coordinator	Rick McCarthy –Cricket Ambassador, Bradman Foundation, Level 1 coach.
Head Coaches	Keith Wyatt – Level 3 Coach – Bradman Group Amanda Owens – Level 3 – Bradman Group Craig (Jock) McIlhatton – Level 3 – Miller Group Hayden McKay – Level 2 – Lindwall Group John LeRoux – Level 3 – Hassett Group
Senior Coaches	Andrew Lowe Level 1 Bradman Scholar 2011 – Miller Group Raelene Bates Level 1 – Lindwell Group Bryce Smith Level 1 – Hassett Group
Assistant Coach	Mathew Guana Level 1 (Fiji Cricket) – Bradman Group
Specialist Coaches	Ken Davis Level 3 Author “Cricket 99.94 Tips to Improve Your Game” Joel Tuccia – Fast Bowling coach, Exercise Physiotherapist
Guest Umpire	John Ewing CA accredited
Evening Supervisor	Bryce Smith

Bradman Foundation Executive Director: Rina Hore

Administration/Accounts: Susan Strangman

Museum Curator: David Wells

All players grouped according to age, but players may be re-graded according to ability following the first full day of the camp.

***Safety: Helmets must be worn when batting, wicket keeping to spin.
Water bottles be taken to all activities
Hats must be worn, at all times, when outdoors
30+ sunscreen must be applied at all breaks in activities***

Bradman Summer Camp

8 – 13 January 2012

Sunday (Day 1) 8 Jan 2012

2.30pm	Registration and room allocation – Music Hall Chevalier College.
3.45pm	Official Opening address by Bradman Foundation Executive Director. Parents welcome.
4.00pm	BRADMAN group - check in to St. Paul's International College, Moss Vale accommodation Bradman to leave kits at Chevalier College in day room allocated – Drawing room. BRADMAN group - fielding and bonding session on tennis courts at St Paul's International. MILLER, LINDWALL, HASSETT groups – fielding and bonding session on top ovals at Chevalier College
5.30pm	Prepare for dinner
5.45pm	BRADMAN return to Chevalier College
6.00pm	Dinner
7.15pm	ALL GROUPS meeting in allocated class rooms. Coach introductions, house rules, medications
7.45pm	ALL GROUPS meeting in allocated class rooms. Player profiles, goals, Spirit of cricket
8.30pm	ALL GROUPS meeting in allocated class rooms. Bradman Ideals, history of the game
9.30pm	Supper in courtyard – BRADMAN depart for St. Paul's
10.00pm	Lights OUT

Monday (Day 2) 9 Jan 2012

6.30am	Morning light run and stretch in groups – meet in courtyard outside rooms
7.15am	BRADMAN to Chevalier College
7.30am	Breakfast
8.15am	Kit preparation, procedures (Bradman white T shirts to be worn with whites)
8.40am	Bus to Bradman Oval from Music Hall. 1 st Bradman, 2 nd Miller, 3 rd Hassett, 4 th Lindwall Group photo's at Bradman Statue courtyard on arrival.
9.30am	ALL groups Warm up fielding.
9.50am	LINDWALL – Net session / Fast bowling BRADMAN MILLER HASSETT Front foot drills on Bradman Oval outfield, incorporate running between wickets
10.50am	Drink break
11.00am	LINDWALL - Front foot drills and in fielding on Bradman Oval outfield HASSETT – Net session / Fast bowling BRADMAN, MILLER – Driving Cricket and in fielding game
12.10pm	Introduction to Ken Davis – Specialist coach Lunch (to be delivered to oval from Chevalier College)
1.10pm	MILLER, LINDWALL, HASSETT – Throwing technique and modified games BRADMAN – Net session / Fast bowling
2.30pm	Drinks break
2.45pm	BRADMAN, LINDWALL, HASSETT – Out fielding and throwing MILLER – Net session / Fast bowling
3.45pm	Drinks break
4.30pm	Return to Chevalier College – 1 st HASSETT, 2 nd LINDWALL, 3 rd MILLER, 4 th BRADMAN
5.30pm	Break and prepare for dinner
6.00pm	Dinner
7.00pm	BRADMAN MILLER – visit The International Cricket Hall of Fame, "Bradman the man talk" by Bradman Museum Curator, David Wells / free time. Bus 1 st BRADMAN, 2 nd MILLER HASSETT LINDWALL – Specialist coach's session. McGrath Hall
9.15pm	Supper in courtyard
9.30 pm	BRADMAN – Return to St. Paul's
10.00 pm	Lights OUT

Tuesday (Day 3) 10 Jan 2012

- 6.30 am ALL groups - Exercise Routine at respective schools
- 7.15 am BRADMAN to Chevalier College
- 7.30 am Breakfast – Everyone at Chevalier College
- 9.00 am BRADMAN – Main oval nets, emphasis on soft hand options
MILLER – McGrath Hall, back foot – soft hands
LINDWALL – Centre nets, vertical strokes
HASSETT – Top oval center wicket, running between wickets
- 10.30 am Drinks break
- 10.45 am BRADMAN – McGrath Hall, back foot soft hand options
MILLER – Tennis courts, back foot drills
LINDWALL – Top oval centre wicket, running between wickets
HASSETT - Centre nets, front foot batting
- 12.30 pm Lunch
- 1.45 pm BRADMAN – Top oval north, centre wicket bowling run ups
MILLER – Top oval south, centre wicket bowling run ups
LINDWALL - McGrath Hall, back foot batting
HASSETT – Tennis courts, bowling action and run ups
- 3.15 pm Drinks break
- 3.30 pm BRADMAN - Top oval north, run '6' wickets, out field throwing
MILLER – Top oval south, run '6' wickets, outfield throwing
LINDWALL - Tennis courts, bowling action and run ups
HASSETT - McGrath Hall, back foot batting
- 5.00 pm Break and prepare for dinner.
- 6.00 pm Dinner
- 7.00 pm LINDWALL, HASSETT– visit The International Cricket Hall of Fame, “Bradman the man” talk
by Bradman Museum Curator, David Wells/free time . Bus 1st HASSETT, 2nd LINDWALL
BRADMAN MILLER – Specialist coach’s session. McGrath Hall
- 9.15 pm Supper in courtyard
- 9.30 pm BRADMAN – Return to St. Paul’s
- 10.00 pm Lights OUT

Safety:

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Water bottles be taken to all activities

Hats must be worn, at all times, when outdoors

30+ sunscreen must be applied at all breaks in activities

Wednesday (Day 4) 11 Jan 2012

6.30 am All groups – Exercise Routine at respective schools

7.15 am BRADMAN to Chevalier College

7.30 am Breakfast

9.00 am BRADMAN – Tennis courts/McGrath Hall. Specialist sessions – player’s choice
 * Top order batting * all rounders * fast bowling * wicket keeping * spin bowling
 MILLER – Bradman Oval . Specialist sessions – player’s choice
 * Top order batting * all rounders * fast bowling * wicket keeping * spin bowling
 LINDWALL – Top oval north, 20/20 match
 HASSETT - Top oval south, 20/20 match

10.30 am Drinks break

10.45 am Programme continues

12.30 pm Lunch (MILLER lunch to Bradman Oval)

1.00 pm BRADMAN - Top oval north, 20/20 match
 MILLER – Bradman Oval, 20/20 match
 LINDWALL – Tennis courts. Specialist sessions – players choice
 * Top order batting * all rounders * fast bowling * wicket keeping * spin bowling
 HASSETT – McGrath Hall. Specialist sessions – players choice
 * Top order batting * all rounders * fast bowling * wicket keeping * spin bowling

3.15 pm Drinks break

3.30 pm Programme continues

5.00 pm Break prepare for dinner

5.30 pm Barbque Dinner

6.30 pm Board Bus for TICoF Auditorium” Big Bash, Sydney Thunder v Perth Scorchers” Big Screen
 Instruction by Ken Davis 1st BRADMAN, 2nd MILLER, 3rd LINDWALL, 4th HASSETT

10.00 pm Return to accommodation 1st HASSETT, 2nd LINDWALL, 3rd MILLER, 4th BRADMAN

10. 15 pm Supper in courtyard

10.30 pm Lights OUT

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Thursday (Day 5) 12 Jan 2012

6.30 am ALL groups - Exercise Routine at respective schools

7.15 am BRADMAN to Chevalier College

7.30 am Breakfast

9.00 am BRADMAN – Bus to Bradman Oval

9.30 am Camp matches BRADMAN XI v O'REILLY XI - Bradman Oval (lunches to be delivered to oval)

MILLER XI v HARVEY XI – Top oval north
LINDWALL XI v MORRIS XI – Chevalier turf
HASSETT XI v LOXTON XI – Top oval south

12.30 pm Lunch - Miller, Lindwall, Hassett only
1.00 pm Resume matches
3.00 pm Drinks/Tea break
5.00 pm Stumps and prepare for dinner
6.00 pm Dinner
7.00 pm ALL groups – Match assessment meeting in classrooms
7.30 pm ALL groups – Trivia / Games night in McGrath hall
9.15 pm Supper in courtyard
9.30 pm BRADMAN – Return to St. Paul's
10.00 pm Lights OUT

Friday (Day 6) 13 Jan 2012

6.30 am BRADMAN – Clean rooms, pack all linen, blankets
Room inspection by coaches
6.45 am MILLER LINDWALL HASSETT
Laundry procedure. Clean rooms and pack for later departure
7.15 am BRADMAN to Chevalier College **with all bags**
7.30am Breakfast **(DON'T FORGET Linen to laundry)**
8.30am Room inspection by coaches
9.00am BRADMAN – Centre nets, practical and individual review
MILLER – Main oval nets, practical and individual review
LINDWALL – Under cover area, modified game tabloid
HASSETT – Tennis courts, modified game tabloid
12.00pm Lunch
12.45pm Group meetings to receive certificates and assessments in respective classrooms
1.30pm AWARDS PRESENTATION and closing address by Executive Director in Music hall.
Parents Welcome
2.00pm Camp concludes.

Contact During Camp – 24/7

Rick McCarthy – Mobile 0408670812